

# Parents of Middle School Children: Navigating Screen Time, Digital Socializing, and Parenting During COVID-19

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## Thursday, Feb. 11 7:00 - 8:30 p.m.

Join us for a virtual workshop as **Dr. Jill Walsh** explains best practices around technology consumption. This talk, which is geared toward middle school parents\*, will include:

- the **most important conversations** to have with your children about technology now
- how to think about **screen time** during hybrid/remote learning
- the key **tech rules** to institute for home learning that will set your child up for success
- understanding the opportunities and challenges that **digital socializing** provides your child

*\*This talk is geared toward middle school parents but all are welcome to attend.*



**Dr. Jill Walsh** is a Sociology professor at Boston University. She is also the founder of Digital Aged,

a consulting group that educates students, families, and educational institutions about positive technology use. She earned a Ph.D. in Sociology from Boston University, a Masters in Public Policy from Brown University and a B.A. from Harvard University.

Her research looks at the way that digital media use impacts adolescent well-being and psychosocial development.

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## Registration is free, but required.

Please register at [bidneedham.org/meeting](https://bidneedham.org/meeting) to receive the Zoom link.

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